

What type of information do we collect?

We receive, collect and store any information you enter on our website or provide us in any other way. In addition, we collect the Internet protocol (IP) address used to connect your computer to the Internet; login; e-mail address; password; computer and connection information and purchase history. We may use software tools to measure and collect session information, including page response times, length of visits to certain pages, page interaction information, and methods used to browse away from the page.

How do we collect information?

When you message or email Paffard Pilates Hastings you agree to us using your email address or phone number to contact you only for the purpose of informing you about activities and offers from Paffard Pilates Hastings.

How do you use cookies and other tracking tools?

It's important to note that third-party services, such as Google Analytics or other applications offered through the Wix App Market, placing cookies or utilising other tracking technologies through Wix's services, may have their own policies regarding how they collect and store information. As these are external services, such practices are not covered by the Paffard Pilates Hastings Privacy Policy.

How can you withdraw your consent?

If you don't want us to process your data anymore, please contact us by [email](#).

Privacy policy updates

We reserve the right to modify this privacy policy at any time, so please review it frequently. Changes and clarifications will take effect immediately upon their posting on the website. If we make material changes to this policy, we will notify you here that it has been updated, so that you are aware of what information we collect, how we use it, and under what circumstances, if any, we use and/or disclose it.

Our contact information:

If you would like to: access, correct, amend or delete any personal information we have about you, you are invited to contact us by [email](#).